

Nome Atleta	TRAIL	Data	KM	Classific prova	Tempo	Escalão
Paulo Alves	Vimeiro Trail Run	15/09/2019	32	9	03:34:30	3
Pedro Miguel Xavier Santos			37	162	05:17:33	N/D
Nuno Alexandre Condeças de Almeida			37	240	05:58:05	N/D
José de Azevedo Raposo			37	304	06:31:08	N/D
João Frazão	Grande Trail Serra Arga	21/09/2019	37	321	06:40:00	N/D
Paulo Alves			37	339	06:52:26	N/D
Rita Gonçalves Lupi Marques Mogo			37	340	06:52:26	N/D
Luis Miguel Simoes Gomes			37	344	06:57:09	N/D
Sandra Cunha			12	143	01:49:11	9
Carina Sofia Ferreira da Silva	Trail Real Tapada	29/09/2019	12	85	01:33:55	7
Paulo Alves			12	169	02:11:08	14